

# Creating Enduring Change Using The Developmental Model



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# The Developmental Model is not a Pathology Model

Tremendous developmental potential exists within the couple's relationship and is brought forth by how **you involve yourself with the partners**.

A woman with short, light-colored hair and glasses is sitting in a brown leather armchair, looking upwards and to the right with a thoughtful expression. She is holding an open book in her lap, which is resting on a dark surface. The background is a warm, out-of-focus indoor setting.

# The Developmental Model Gives You

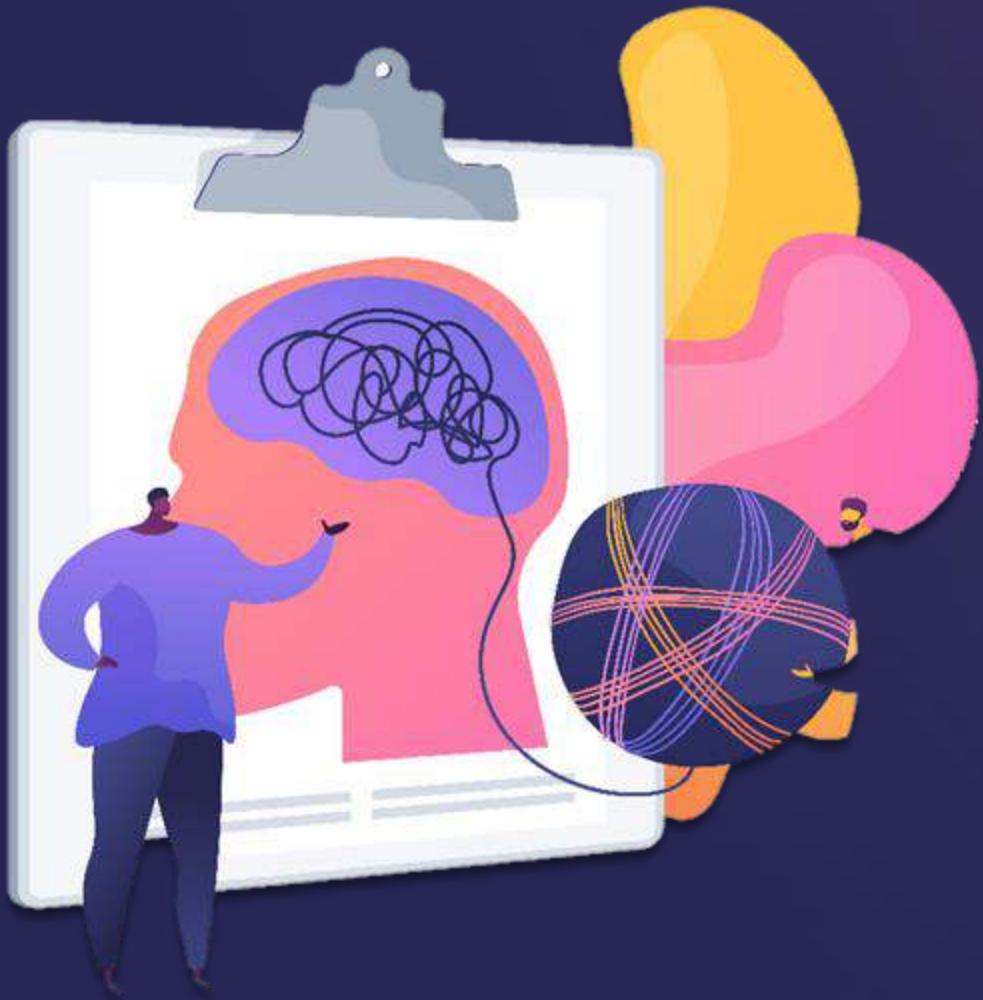
A woman with short blonde hair, wearing a light blue blazer over a white shirt, is seated at a table. She is smiling and looking towards the camera. She is holding a small, dark object in her hands, possibly a piece of jewelry or a small gift. The background is slightly blurred, showing what appears to be an office or a professional setting.

# A way to **LEAD**

And inspire partners to  
what they can become.



**Do you try to fix the  
relationship without  
growing the people?**



**The Developmental Model gives couples and you a map, a mindset and a mission –not just to survive but to thrive**



**You make an  
enormous difference  
in people's lives!**



**When you use a  
Developmental  
Lens you Intervene**

**Always with a focus  
on growth**

**You assist partners  
in moving forward**

# That is exactly what Noelle has done

Liza said: One thing that is happening for me is I've been primed to be continually disappointed. In the past, if Jess was given homework, I'd be, *"Okay, here we go, she won't do it. Yep, I'll feel more disappointment."* And I feel that's really shifted for me. I'm starting to let go of that need to be disappointed ... I feel less vulnerable to other people's actions or activities or the way they show up or don't show up or to make me feel okay about myself. I'm able to be like, *"Well, that's what happens for her - it's hers, and I'm just going do my part."*

# That is exactly what Noelle has done

*Liza, That's a lot of growth, being able to recognise that you were putting pressure on Jess to manage her feelings instead of figuring out how to manage your own feelings.*

The important thing to note here is that Lisa's control of Jess to save herself from disappointment didn't require any self-activation or self-differentiation and it was her part in keeping them stuck.

# What makes the Developmental Model stand out

*Not focused on symptoms and symptom relief*

*Interventions are precise and strategically focused on developmental stuck points*

*Conflict and some tension are necessary for growth*

*Partners learn to accept differences without escalating or collapsing*

*You will learn to confront and give developmental assists*

