

# Creating Enduring Change Using The Developmental Model



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# The Developmental Model is not a Pathology Model

Tremendous developmental potential exists within the couple's relationship and is brought forth by how **you involve yourself with the partners.**

A woman with short, wavy, light-colored hair and glasses is sitting on a swing. She is looking upwards and to the left, holding an open book in her hands. The swing has a dark wooden frame and thick ropes. The background is softly blurred, suggesting an outdoor setting. The entire image is overlaid with a semi-transparent dark blue/purple gradient, which serves as a background for the text.

# The Developmental Model Gives You

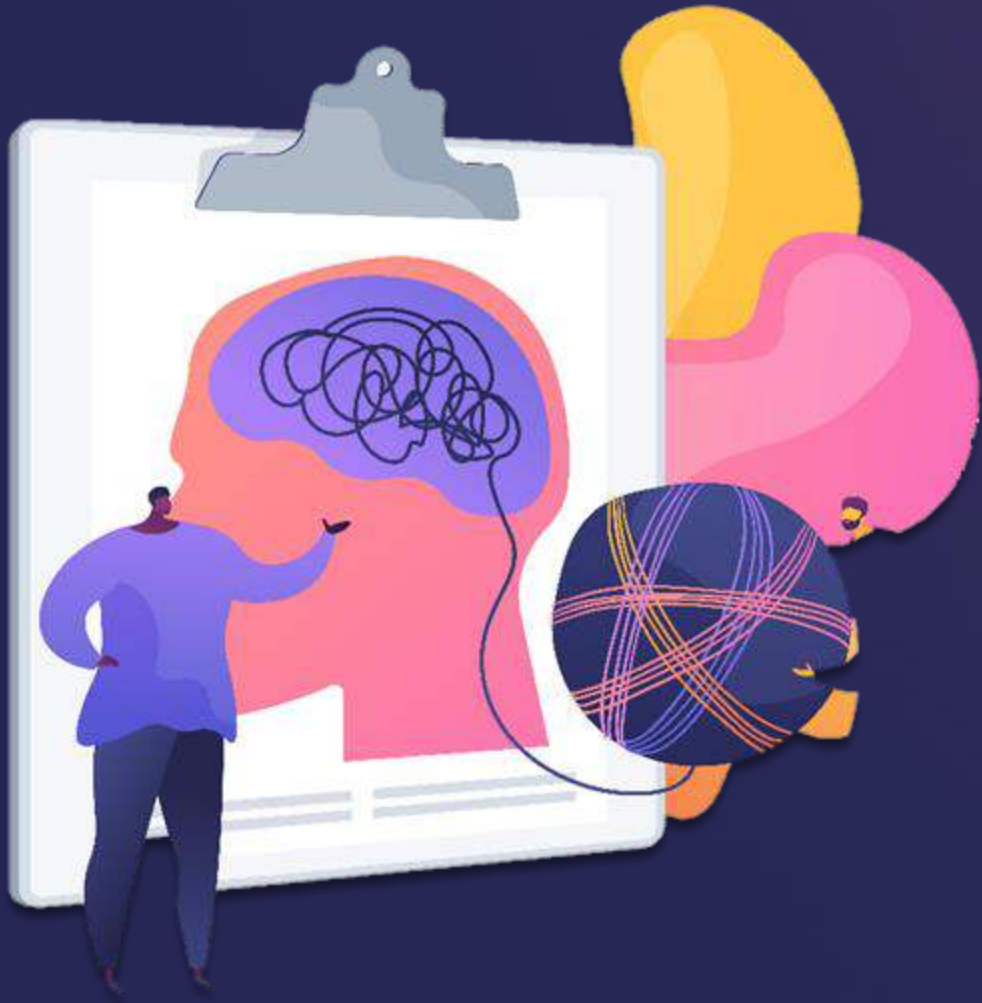


# A way to **LEAD**


And inspire partners to  
what they can become.



**Do you try to fix the relationship without growing the people?**



**The Developmental Model gives couples and you a map, a mindset and a mission –not just to survive but to thrive**

A person wearing a blue jacket is sitting on a dark, rocky peak. Their right arm is raised high into the air, with a clenched fist. The background is a vast sky with soft, wispy clouds in shades of purple and blue. The overall mood is one of triumph and achievement.

**You make an  
enormous difference  
in people's lives!**



**When you use a  
Developmental  
Lens you Intervene**

**Always with a focus  
on growth**

**You assist partners  
in moving forward**



# That is exactly what Noelle has done

Liza said: One thing that is happening for me is I've been primed to be continually disappointed. In the past, if Jess was given homework, I'd be, *"Okay, here we go, she won't do it. Yep, I'll feel more disappointment."* And I feel that's really shifted for me. I'm starting to let go of that need to be disappointed ... I feel less vulnerable to other people's actions or activities or the way they show up or don't show up or to make me feel okay about myself. I'm able to be like, *"Well, that's what happens for her – it's hers, and I'm just going to do my part."*

# That is exactly what Noelle has done

*Liza, That's a lot of growth, being able to recognise that you were putting pressure on Jess to manage her feelings instead of figuring out how to manage your own feelings.*

The important thing to note here is that Lisa's control of Jess to save herself from disappointment didn't require any self-activation or self-differentiation and it was her part in keeping them stuck.



# What makes the Developmental Model stand out

*Not focused on symptoms and symptom relief*

*Interventions are precise and strategically focused on developmental stuck points*

*Conflict and some tension are necessary for growth*

*Partners learn to accept differences without escalating or collapsing*

*You will learn to confront and give developmental assists*



