

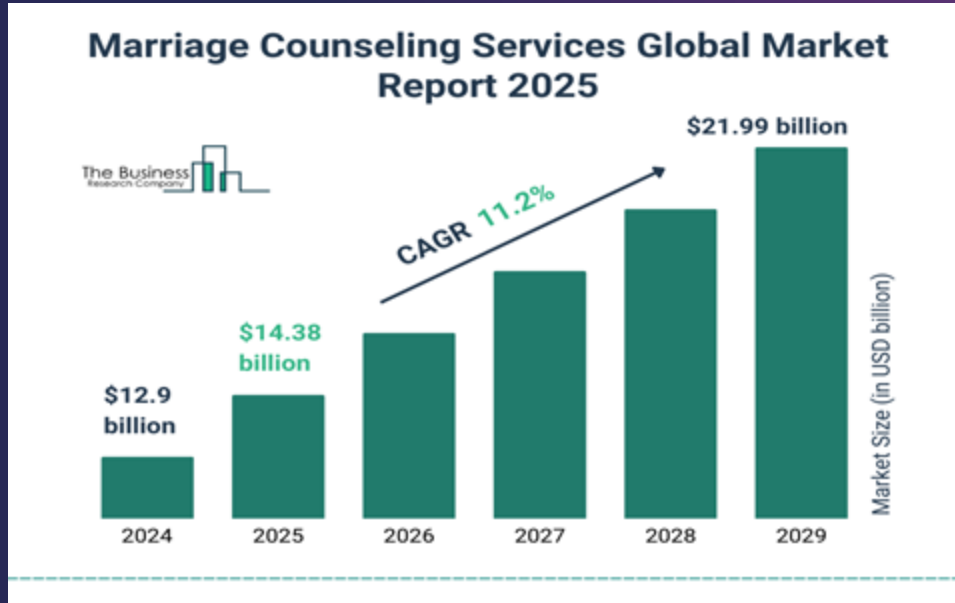
Change Over Time:

One Couple's Journey from Pain and Avoidance to Finding Love and Hope Again

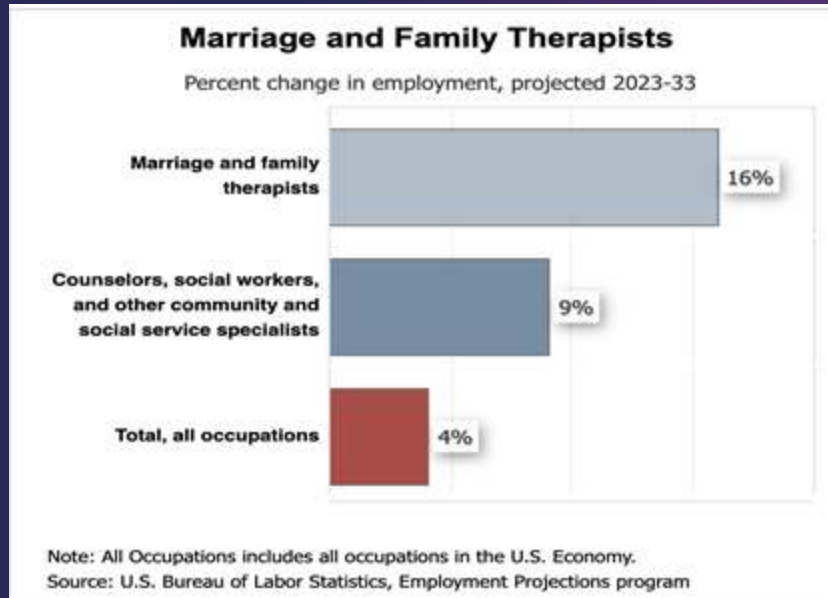
Episode 6: Returning to Love and Hope

Supporting Emerging Connection and Intimacy

Money spent for relationship services is increasing



More Marriage and Family Therapists are needed. More specialists needed to help couples and relationships.



The **Most Comprehensive Couples Therapy** Training Program for Therapists/Coaches

A few of the **CORE Elements**:



Your clinical
questions answered
24/7 and
36 CEs



**Live Monthly
Clinical Training
Sessions**



**24 Written
Lessons**



**Weekly
Opportunity for
Guided Practice
of New Skills**



You Did Not Become A Therapist/Coach to

- ✗ Feel overwhelmed sitting with people fighting and **going nowhere or** Be **gobbled up by negative**, escalating or avoidant patterns that don't shift
- ✗ To reinforce **passivity and non action**



You Became A Therapist/Coach to

- ✕ Make **a real difference** in people's lives
- ✕ To have a **rewarding career**

What is possible when the **Developmental Model** supports you and your career



When you know the Developmental Model, you become a strong leader with a **reassuring plan** and you feel more **Competent**

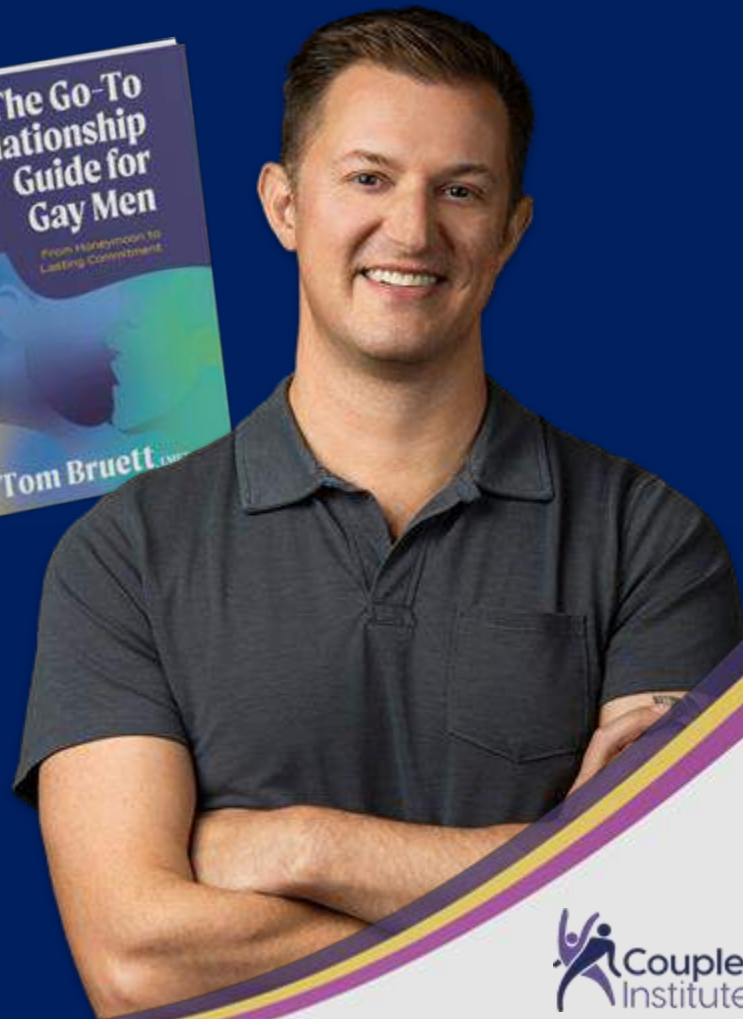
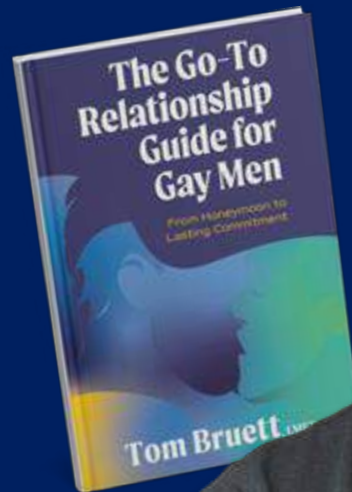


Confident you are building a skillset that leads you somewhere—Running groups, workshops, becoming a trainer or consultant

Member Spotlight

Meet Tom Bruett, LMFT

- From Developmental Model Training to
- Founder Queer Relationship Institute
- Author of *The Go-To Relationship Guide for Gay Men*
- Runs Training and Case Consultation Groups



Member Spotlight

Meet Lori Weisman, MA



- From Brain Injury Specialist to training in the Developmental Model to Couples Therapist to Creator of 2-Day Couples Intensive
- Featured in the *Wall Street Journal*
- From burnt out to loving life in partial retirement!

What is possible when the **Developmental Model** supports you and your career



Stop being afraid of being an imposter.
Know how to **position your value**
to clients and colleagues



Build a strong **referral**
network

Referral Network (For Members Only!)

- Over 2,800 therapists worldwide have joined our training community
- Build quality relationships with other therapists
- Send and receive referrals





Developmental Model Level 1

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What is possible when the **Developmental Model** supports you and your career



Collaboration on cases **with colleagues**



Resources available for any challenge
you encounter...

Porn, Trauma, Infidelity, Polyamory, Separation and Divorce, etc

Research and Training Library

What would you like us to search?

We Are Different Not an Academic Course

couplesinstitute.com/dm



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You need only



5-6 hours
per month

Your
investment now



as low as
\$5.47 a day

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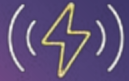


Takeaways to Use in Your Own Work

Slow things down and **stay aware of the connection** they are making with you and with each other.

Being known and connecting with **intensity is what scares them.**

You communicate strongly through **words, behavior, and nonverbal cues**(smiling)



I am in charge here



I am a leader.
I know where I am going



I am going to hold
you both.
And we will go
there together

Risk Taking



You know they will revert to **self-protective defenses**.



They are afraid. That is a given.



With each risk either takes, they are **chipping away at each other's defenses**.

Choice Points for You



Many choice points for you
Pick one



When possible, create
experiential moments
in the room with new
emotions/behaviors



Choose intrapsychic
work or
interpersonal work.
Don't confuse yourself
and them by shifting
too quickly back
and forth



Watch for and
describe internal
dilemmas