

Takeaways – Episode 4

Where Does Progress Come From



Emotional risk-taking



Chipping away at
each other's defense



They cannot avoid
running into each
other's defenses

Where Does **Progress** Come From



Knowing inside
themselves when they
are taking risks



Internally supporting
themselves for these
risks



Being curious and
asking questions that
are opening questions
not challenging
questions

**Always remember, they are
watching and listening to you.**

**What you say directly to one
partner may be more
meaningful to the one who is
listening.**

**When they are making progress,
some regression is inevitable.**

**Moments of vulnerability
This is where the work of
deep intimacy begins**

The Developmental Model World-Class Training Program can help you

It has helped thousands
of therapists in
66 countries



The Big Picture

Our **CORE Program** Includes Many Elements:



1 year
of training



Live Monthly
Clinical Training
Sessions



Written
Lessons Come to
You Every Other
Week



Clinical Session
Videos

The Most Comprehensive Training Program for Couples Therapists

Our CORE Program Includes:



Submit
Individual
Cases for
Review



Live and Archived
Bonus Training
Calls with other
Couples Experts



30 Client
Handouts



Deep Dive
Intervention
Videos
Trauma
Narcissism
Infidelity



Ongoing
Tech Help



Your
Research
Library
24/7

Why It Matters For **You**



Behavior change is not enough.
Intuition is not enough



Tools are not enough



All learning styles are covered



You get very personalized support
to lead with strong direction



You'll love the supportive community



**Your relationships
and marriages
grow and change**

Why Therapists Value the Developmental Model



You make an enormous difference in people's lives



Your nonverbal language communicates you have the confidence to help them



You hold steady and **your interventions** are deliberate and nuanced



Clients are grateful . They return because they want more. They are **motivated** and accountable



This model **takes you beyond problem solving. You have** Satisfying sessions that flow



It is **compatible** with many other models

**How Much
Time Does It
Take?**

**How Much
Does It Cost?**

Your Investment

You need only



5-6 hours
per month

Your investment



as low as
\$3.79 a day

Is There A Guarantee?

Our Iron Clad Guarantee

Watch, Listen, Explore all of this



Oct 17



Orientation and
Overview of how the
Developmental
Model can shape
your work

Oct 28



Clinical Demo:
Using the
Paper Exercise
for
assessment
and
intervention

**Every
Thursday**



Get your
questions
answered

Nov 7



Ellyn Bader: Clinical
training call Using the
Developmental Mode to
create goals that make
a difference

Nov 18



Peter Pearson
Creating leverage
and motivation
with highly
distressed
couples

Why This **Matters** For You

- **You'll have a roadmap**
- **Your confidence will soar**
- **You'll take clients deeper and farther**
- **You'll have a whole community supporting you**

Are There Any **Bonuses** and Why?

Bonus #1

1 Month Free

When You Sign Up By Sunday



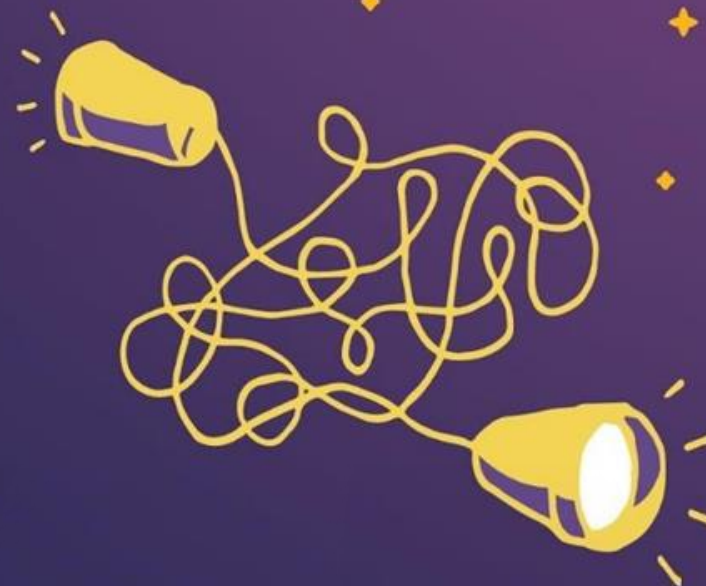
October 9



11:59 PM Pacific

You'll Receive

13 months for the price of 12



Bonus #2

Access this booklet of useful handouts that will help you both in sessions and with targeted homework.

**When You Sign Up By Sunday
October 16 at 11:59 Pacific**



Some Favorite Lessons

Read in **45 minutes**



Structuring
Treatment for the
Hostile Angry
Couple



Passive and Passive
Aggressive Partners



Affairs and Infidelity



Narcissistic
Partners



Fostering Empathy
and Creating
Soothing Moments

Popular Client Handouts

Use them **immediately**



Self Assessment After a Fight



Twenty Questions to Ask your Partner



How to Get the Most Out of Couples Therapy



How to Be in a Difficult Discussion



The Empathy Continuum

**Sign Up
Now**

couplesinstitute.com/dm

