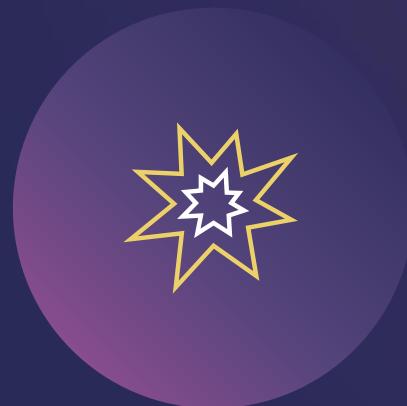


# Takeaways – Episode 4

## Where Does Progress Come From



Emotional risk-taking



Chipping away at each other's defense



They cannot avoid running into each other's defenses

# Where Does Progress Come From



Knowing inside themselves when they are taking risks



Internally supporting themselves for these risks



Being curious and asking questions that are opening questions not challenging questions



**Always remember, they are  
watching and listening to you.**

**What you say directly to one  
partner may be more  
meaningful to the one who is  
listening.**

**When they are making progress,  
some regression is inevitable.**

**Moments of vulnerability  
This is where the work of  
deep intimacy begins**

# The Developmental Model World-Class Training Program can help you

It has helped thousands  
of therapists in  
**66 countries**



# The Big Picture

Our **CORE** Program Includes Many Elements:



1 year  
of training



Live Monthly  
Clinical Training  
Sessions



Written  
Lessons Come to  
You Every Other  
Week



Clinical Session  
Videos

# The Most Comprehensive Training Program for Couples Therapists

## Our CORE Program Includes:



Submit  
Individual  
Cases for  
Review



Live and Archived  
Bonus Training  
Calls with other  
Couples Experts



30 Client  
Handouts



Deep Dive  
Intervention  
Videos  
Trauma  
Narcissism  
Infidelity



Ongoing  
Tech Help



Your  
Research  
Library  
24/7

# Why It Matters For You



Behavior change is not enough.  
Intuition is not enough



You get very personalized support  
to lead with strong direction



Tools are not enough



You'll love the supportive community



All learning styles are covered



**Your relationships  
and marriages  
grow and change**

# Why Therapists Value the Developmental Model



You make an enormous difference in people's lives



**Your nonverbal language** communicates you have the confidence to help them



You hold steady and **your interventions** are deliberate and nuanced



**Clients are** grateful . They return because they want more. They are **motivated** and accountable



This model **takes you beyond problem solving. You have** Satisfying sessions that flow



It is **compatible** with many other models

# How Much Time Does It Take?

# How Much Does It Cost?

# Your Investment

You need only



**5-6 hours**  
per month

Your investment



as low as  
**\$3.79 a day**

# Is There A Guarantee?

# Our Iron Clad Guarantee

Watch, Listen, Explore all of this



Oct 17



Orientation and  
Overview of how the  
Developmental  
Model can shape  
your work

Oct 28



Clinical Demo:  
Using the  
Paper Exercise  
for  
assessment  
and  
intervention

Every  
Thursday



Get your  
questions  
answered

Nov 7



Ellyn Bader: Clinical  
training call Using the  
Developmental Mode to  
create goals that make  
a difference

Nov 18



Peter Pearson  
Creating leverage  
and motivation  
with highly  
distressed  
couples

# Why This Matters For You

- You'll have a roadmap
- Your confidence will soar
- You'll take clients deeper and farther
- You'll have a whole community supporting you

# Are There Any Bonuses and Why?

# Bonus #1 1 Month Free

**When You Sign Up By Sunday**

 **October 9**

 **11:59 PM Pacific**

**You'll Receive**

**13 months for the price of 12**



# Bonus #2

Access this booklet of useful handouts that will help you both in sessions and with targeted homework.

**When You Sign Up By Sunday  
October 16 at 11:59 Pacific**



# Some Favorite Lessons

Read in **45 minutes**



Structuring  
Treatment for the  
Hostile Angry  
Couple



Passive and Passive  
Aggressive Partners



Affairs and Infidelity



Narcissistic  
Partners



Fostering Empathy  
and Creating  
Soothing Moments

# Popular Client Handouts

Use them **immediately**



Self Assessment After a Fight



How to Get the Most Out of Couples Therapy



The Empathy Continuum



Twenty Questions to Ask your Partner



How to Be in a Difficult Discussion

# Sign Up Now

[couplesinstitute.com/dm](http://couplesinstitute.com/dm)

